

*Elder Dr. Ralph A. Martino, Sr., Senior Pastor  
Rev. Yolanda Sampson, Director of Evangelism*

## **“The Year of Discipling: ‘Perfecting, Realigning and Activating GOD’S Vision!’” based on Luke 5:1-11**

### **The 2021 First Church 21 Day Prayer & Fasting Schedule Saturday, January 2, 2021 – Friday, January 22, 2021**

From **January 2 -22, 2021**, we invite you to join us in a **21 Day Fast - “The Year of Discipling: ‘Perfecting, Realigning and Activating GOD’S Vision!’” based on Luke 5:1-11.**

- **Fast:** During this time, we will be fasting from food and from anything that distracts us like the television and social media which normally keep us from spending quality time with our LORD and SAVIOR JESUS CHRIST. When we fast and pray, we increase our time of praying, reading, studying, and meditating on the Word of GOD. We are humbly seeking to align ourselves with GOD’s heart, plan, and purpose for our lives. In **Matthew 6:16-18** and **Matthew 9:15**, JESUS taught about fasting regularly which was also practiced by the early church in **Acts 13:2**. Additionally, the fast that is pleasing unto the LORD is found in **Isaiah 58:6-8**. “Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh? Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the Lord shall be thy reward.” If you are unable to fast from food, you can always fast from your distractions, read the Scripture of the day, and spend more time with JESUS.
- **Read the Bible:** Daily, please read the **“The Year of Discipling: ‘Perfecting, Realigning and Activating GOD’S Vision!’” (PRAGV)** Scripture and the **First Church Believers Relationship Challenge (BRC)** Scripture.
  - **Pray:** Please join us on the **First Church War Room Prayer Line** for corporate prayer for at least fifteen (15) minutes a day Additionally, please make sure that you personally spend at least fifteen (15) minutes in prayer, praise, and worship daily.
  - **First Church War Room Prayer Line Zoom: Phone Number:** 1-301-715-8592, **Meeting ID:** 871 4405-5956#, **Participant ID:** #, **Password:** 483058#
  - **First Church War Room Hours:**
    - **Sundays:** 8:30 a.m. to 9:30 a.m. (EST)
    - **Mondays – Fridays:** 12:00 a.m. to 1:00 a.m., 5:00 a.m. to 9:00 a.m. and 12:00 p.m. to 1:00 p.m. (EST)
    - **Tuesdays:** 12:00 a.m. to 1:00 a.m., 5:00 a.m. to 9:00 a.m., 12:00 p.m. to 12:30 p.m. and 6:30 p.m. to 7:30 p.m. (EST)

- **Saturdays:** 12:00 a.m. to 1:00 a.m. and 12:00 p.m. to 1:00 p.m. (EST)
- **Attend a Worship Service and Bible Study Weekly:**
  - **First Church - Worship Services on Sundays at 10:20 a.m. (EST) on Zoom and 11:00 a.m. on Social Media:**
    - **Zoom Phone Number:** 1-301-715-8592, **Meeting ID:** 884-1141-2224
    - **Social Media: Facebook:** @firstchurchwash, **YouTube:** First Church TV, and **Periscope:** @firstchurchwash
  - **First Church -Tuesday Night Bible Study at 7:30 p.m. (EST) on Zoom and Social Media**
    - **Zoom Phone Number:** 1-301-715-8592, **Meeting ID:** 884-1141-2224
    - **Social Media: Facebook:** @firstchurchwash, **YouTube:** First Church TV, and **Periscope:** @firstchurchwash
- **Invite at least five (5) people to First Church weekly.** Please pray and ask the Holy Spirit to show you who you need to invite to virtual church.

### Week #1 - January 2 -January 8, 2021

- **Day #1 - January 2, 2021**
  - **Fasting** - 5:00 a.m. to 5:00 p.m.- Water only; After 5:00 p.m. – Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - **GOD's Vision:** Mark 8:22-26, Psalm 127:1, John 15:5, Matthew 22:37-39, Ephesians 2:10, Matthew 28:18-20, Jeremiah 1:1-17, 1 Corinthians 6:19-20
  - **Read the BRC.**
- **Day #2 - January 3, 2021**
  - **Fasting** - Fast ONE meal (Breakfast, Lunch or Dinner)
  - **Read the PRAGV Scripture**
    - **El Roi** – Genesis 16:1-13, Job 34:21, 1 Samuel 16:7, Psalm 34:15, 1 Peter 3:12, Jeremiah 29:11
  - **Read the BRC.**
- **Day #3 - January 4, 2021**
  - **Fasting** - Fast ONE meal (Breakfast, Lunch or Dinner)
  - **Read the PRAGV Scripture**
    - **Is it GOD's vision or your vision?** - Proverbs 29:18, Psalm 127:1, 1 Samuel 16:1-13, Matthew 6:10, Matthew 26:42
  - **Read the BRC.**
- **Day #4 - January 5, 2021**
  - **Fasting** - Fast ONE meal (Breakfast, Lunch or Dinner)
  - **Read the PRAGV Scripture**
    - **Are you protecting your eyes?** Proverbs 4:25, Job 31:1, Romans 12:1-2, Proverbs 23:7, Revelation 4:11,
  - **Read the BRC.**
- **Day #5 - January 6, 2021**
  - **Fasting** - Fast ONE meal (Breakfast, Lunch or Dinner)
  - **Read the PRAGV Scripture**
    - **Did you have an eye examination?** Matthew 5:8, Jeremiah 17:9-10, Psalm 139:23-24, 1 John 1:9, Numbers 13:1 – Numbers 14:10

- Read the BRC.
- **Day #6 - January 7, 2021**
  - **Fasting** - Fast ONE meal (Breakfast, Lunch or Dinner)
  - **Read the PRAGV Scripture**
    - *Do you have temptation eyes?* Genesis 3:6, 2 Samuel 11:2, Matthew 4:8-9, 1 John 2:16, Deuteronomy 12:28, John 14:16
  - Read the BRC.
- **Day #7 - January 8, 2021**
  - **Fasting** - Fast ONE meal (Breakfast, Lunch or Dinner)
  - **Read the PRAGV Scripture**
    - *Are you blind spiritually or naturally? LORD, open my eyes:* Ephesians 1:18, 2 Kings 6:8-23, Psalm 119:18, Mark 10:46-52
  - Read the BRC.

### **Week #2 - January 9 - January 15, 2021**

- **Day #8 - January 9, 2021**
  - **Fasting** - 5:00 a.m. to 5:00 p.m.- Water only; After 5:00 p.m. – Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *Are you nearsighted?* Genesis 3:1-10, 2 Peter 1:5-11
  - Read the BRC.
- **Day #9 - January 10, 2021**
  - **Fasting** - All Day: Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *Are you farsighted?* Joshua 10:1-15, 2 Chronicles 18
  - Read the BRC.
- **Day #10 - January 11, 2021**
  - **Fasting**- All Day: Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *Write the Vision and Make It Plain:* Habakkuk 2:2-4
  - Read the BRC.
- **Day #11 - January 12, 2021**
  - **Fasting** - All Day: Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *The Lamp of the Body:* Matthew 6:22-23
  - Read the BRC.
- **Day #12 - January 13, 2021**
  - **Fasting** - All Day: Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *Are you color blind?* Acts 10:1-23; Acts 10:34, Galatians 3:27-29
  - Read the BRC.

- **Day #13 - January 14, 2021**
  - **Fasting** - All Day: Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *Their Eyes Were Watching GOD:* 2 Chronicles 20:1-17, Acts 7:54-60, Hebrews 12:1-2
  - **Read the BRC.**
- **Day #14 - January 15, 2021**
  - **Fasting** - All Day: Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *Are your eyes closed?* Matthew 13:15, Matthew 25:35-45, Haggai 1:5
  - **Read the BRC.**

### **Week #3 - January 16-January 22, 2021**

- **Day #15 - January 16, 2021**
  - **Fasting** - 5:00 a.m. to 5:00 p.m.- Water only; After 5:00 p.m. – Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *Dreams:* Genesis 37:1-11, Genesis 40:8-22, Judges 7:13-15, Joel 2:28, Matthew 2:11-14
  - **Read the BRC.**
- **Day #16 - January 17, 2021**
  - **Fasting** - All Day: Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *Visions:* Acts 9:1-30, Acts 10:9-16, Acts 16:6-9, 1Samuel 3:1
  - **Read the BRC.**
- **Day #17 - January 18, 2021**
  - **Fasting** - All Day: Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *Do you have double vision?* Psalm 133:1-3, 1Corinthians 12:12-26, 1 Corinthians 14:40, Ephesians 4:11-12, Hebrews 13:17
  - **Read the BRC.**
- **Day #18 -January 19, 2021**
  - **Fasting** - All Day: Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *Spiritual Discernment:* John 2:23-25, Acts 5:1-3, Hebrews 4:13, 1 Kings 3:24-28, 1 Kings 22:19-23
  - **Read the BRC.**
- **Day #19 - January 20, 2021**
  - **Fasting** - All Day: Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *Angels:* Luke 1:26-35, Daniel 10:12-14
  - **Read the BRC.**
- **Day #20 -January 21, 2021**
  - **Fasting** - All Day: Vegetables, Fruit & Water
  - **Read the PRAGV Scripture**
    - *I Can See Clearly Now:* 2 Samuel 12:1-9, Matthew 7:1-5, Matthew 13:18-23, John

14:26, Philippians 1:6

- **Read the BRC.**

- **Day #21 - January 22, 2021**

- **Fasting** - 5:00 a.m. to 5:00 p.m.- Water only; After 5:00 p.m. – Vegetables, Fruit & Water
- **Read the PRAGV Scripture**
  - ***Eyes on the Prize:*** Philippians 3:13-14, 2 Chronicles 16:9, Psalm 37:23-24, 1 Corinthians 9:24-27, Psalm 138:8
- **Read the BRC.**

ELDER DR. RALPH A. MARTINO, SR., SENIOR PASTOR

First Church of Christ (Holiness) USA

(202) 526-9266

Join us VIRTUALLY for our Sunday Worship Experience, via Zoom!

10:20 am-Sundays

*Zoom.us~ Meeting ID: 88411412224~Dial-In: 1-301-715-8572*

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